



GHOSTRIDER GAZETTE

Golf Battery, 1-79 Field Artillery

Class 13-09, 28NOV08, Week 1



Dear Friends and Family Member,

My name is CPT Kyle Lippold and my Battery First Sergeant is First Sergeant Fredrick Johnson. I would like to introduce you to your Soldier's Battery Command Team for Basic Combat Training in the U.S. Army here at Fort Sill, Oklahoma. Your Soldier is in Golf Battery, 1st Battalion, 79th Field Artillery. I also want you to know the cadre training your Soldier are a very dedicated group of professionals, genuinely concerned about the health, welfare and training of each Soldier.

We have completed our first week of training. Your Soldiers have been introduced to a wide variety of many new things and ideas. We completed our initial Army Physical Fitness Test (APFT). This allows us to gauge our Soldier's overall fitness and identify areas that we may need to work on. We also completed our first road march of three kilometers that culminated with rappelling down a 40 foot tower. Your Soldiers completed the Team Development Course (TDC). This will teach Soldiers how to communicate effectively and work together as a team. Your Soldiers were also introduced to the new Army hand to hand combatives training and the Meal Ready to Eat (MRE). The new Army hand to hand combatives use techniques to defeat or delay combatants until assistance arrives. The moves are many of the same moves used during ultimate fighting as seen on TV. An MRE is an individual meal that is sealed in a sealed plastic package and has several varieties from enchiladas to corn beef. It has everything you could want in a meal to include dessert.

Your soldiers are kept busy. We try to make time for them to contact you on the weekends. This is not always possible due to training requirements. I encourage you to write to your soldiers. A little bit of encouragement from home goes a long way. Please send letters, but do not send packages, magazines, food, or other contraband items (candy, soda, electronics, tobacco, pornography etc...). Later in the cycle (after Holiday Block Leave) you will receive a letter via US Mail and E-mail (if address provided) with information about graduation and information on how to contact your soldier in case of a family emergency. Letters should be mailed to:

(Line 1) Soldiers' Name, (Line 2) Golf Battery, 1-79 FA, PLT #___, (Line 3) 5001 North Rothwell Rd, (Line 4) Fort Sill, OK 73503 .

I will keep you all up to date on your Soldiers training using an email format. If there is someone else that you know that would like to receive these updates please send me their email address. If you have questions pertaining to an emergency concerning your Soldier, please do not hesitate to contact me. I look forward meeting you all in the future.

Respectfully,

KYLE A. LIPPOLD
JOHNSON
CPT, FA
Commanding



CPT Kyle Lippold



1SG Fredrick Johnson

FREDRICK L.

1SG, USA
FIRST SERGEANT

Golf Btry, 1st BN, 79th FA, Ft Sill, OK 73503 E-mail: kyle.lippold@army.mil Office: (580) 442-0447 Cell: (580) 947-4424

Ghostrider Soldier's In Action!



Soldiers prepare to rappel.



Soldier enjoying a delicious MRE!



Soldiers conduct combatives training.



A soldier takes his 1st physical fitness test graded by his Drill Sergeant.